

KAATSU B1 User Manual

The KAATSU B1 is the digital, Bluetooth model of the KAATSU product line. The B1 includes all the features of the KAATSU Cycle and KAATSU Constant modes. It is ideal for tech savvy individuals, data-driven coaches, telemedicine professionals, and first adopters of innovative health tech products. The B1 can be used anywhere anytime; your usage data will be captured and archived for your analysis. The B1 is controlled by an iOS or Android app on your smartphone and can help achievement of performance, rehabilitation and recovery goals for people of all ages, conditions, and walks of life.

1. APP Installation

Search "KAATSU B1" APP from Google Play Store and iOS Apple Store then install it.

2. User Registration

Input USER information (Name, ID and Password, Age, Gender, Country)

USER ID has to be working email address and Password has to be 6 or more characters

3. KAATSU B1 Pairing

- 1) After user registration, LOG IN again.
- 1) Turn on both KAATSU B1 Devices (RED LED is ON)
- 2) Pairable devices will be displayed on the APP then choose "PAIR"
BLUE LED is on when the device is paired.
- 3) Choose "NEXT"

4. Choose Exercise Modes

Choose exercise mode "CYCLE" or "CONSTANT" from MAIN MENU

5. Set CYCLE Mode

- 1)Choose "FIXED" or "PROGRESS"
- 2) Choose "ARM" or "LEG" then press "NEXT".
- 3) Select exercise Level (3 preset levels and Custom level are available)
- 4) Select number of exercise set. (From 1 to 6 sets)
- 5) When exercise is done, choose "REPEAT" or "EXIT"

6. Set CONSTANT Mode

- 1) Choose "CONSTANT" from Main Menu
- 2) Choose "ARM" or "LEG"
- 3) Set exercise time (Up to 15 minutes)
- 4) Set exercise SKU then press "START"
- 5) When exercise is done, choose "REPEAT" or "EXIT"

FCC Statement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:

- (1) This device may not cause harmful interference.
- (2) This device must accept any interference received, including interference that may cause undesired operation.

2. Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.

Note: This equipment has been tested and found to comply with the limits for a class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.

This equipment generates uses and can radiate radio frequency energy and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation. If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:

- Reorient or relocate the receiving antenna.
- Increase the separation between the equipment and receiver.
- Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
- Consult the dealer or an experienced radio/TV technician for help.

The device has been evaluated to meet general RF exposure requirement. The device can be used in portable exposure condition without restriction.