

# Cuisinart®

## Recipe Booklet

Instruction  
Booklet  
Reverse Side



Combo Steam + Convection Oven

CSO-300NXA

For your safety and continued enjoyment of this product, always read the instruction book carefully before using.

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\* Each recipe has the Active and Total Time listed to help you plan your cooking schedule.

\*Active refers to hands-on prep time.

\* Total includes resting/marinading and cooking/baking time.

## RECIPES

### French Toast Bake

*Give your family a new twist on French toast this weekend. Let the bake sit in the refrigerator overnight and cook it first thing in the morning.*

 **Active Time: 20 minutes    Total Time: 2 hours (or overnight) plus 30 minutes**

*Serves 4-6*

**Non- stick cooking spray**

**4       free-range eggs**  
**1       cup (250ml) milk**  
**1       cup (250ml) thickened cream**  
**1       teaspoon vanilla extract**  
**1/3      cup maple syrup**  
**2       teaspoons ground cinnamon**  
**1       teaspoon ground nutmeg**  
**1/4      teaspoon flaked salt**  
**450g    brioche loaf (see recipe page 12) sliced**  
**2       tablespoons brown sugar**  
**30g     unsalted butter, cut into 1 cm pieces**

1. Lightly coat a 22cm square pan with nonstick cooking spray; set aside.
2. Put the eggs, milk, cream, vanilla, maple syrup, spices and salt into a medium bowl. Whisk to combine well.
3. Using a serrated knife, slice the brioche into strips that fit the length of the baking pan. Tightly fit half of the brioche strips into the bottom of the pan and cover with half of the egg mixture. Sprinkle the top with half the brown sugar.
4. Repeat with the remaining brioche, laying the strips in the opposite direction of the first layer. Pour the remaining egg mixture over the top and dot with remaining brown sugar. Cover tightly with foil and chill in the refrigerator for at least 2 hours or overnight.

5. Remove the pan from the refrigerator and bring to room temperature. Dot the top with the butter and loosely cover with aluminum foil.
6. Put the pan in the oven with the rack in the lower rack position. Set the oven to Bake Steam at 180°C for 25 minutes. Remove the foil and switch the unit to Grill at 260°C for 5 minutes, or until the top is browned and slightly crusty.
7. Remove and serve immediately.

## Citrus Lemon Loaf

*This moist, quick loaf has a double dose of fresh lemon flavour, using not only the fruit's juice but rind as well.*



**Active Time: 30 minutes Total Time: 1 hour**

Makes 1 loaf

**225g** self- raising flour  
**¼** teaspoon salt  
**125g** unsalted butter, softened  
**1** teaspoon vanilla extract  
**250g** caster sugar  
**2** lemons, finely grated and juiced  
**2** free-range eggs, room temperature  
**100ml** milk  
**200g** icing sugar, sifted

1. Grease and line a 6cm deep 25cm, 19cm x 10cm (base measurement) loaf pan.
2. Sift the flour and salt into a small bowl.
3. Place the butter and sugar into a large bowl and mix to combine with a hand mixer until the mixture is light and fluffy. Reserve 2 tablespoons of lemon juice to add to the cake batter and then use another 2 tablespoons for the icing glaze. And juice and rind to the butter &

sugar mixture and continue mixing. Add the eggs one at a time and then the vanilla. Mix until batter is well combined.

4. Using low speed, add the flour and the milk alternately in three additions, ending with the milk.
5. Pour the cake batter into the pan and put in the oven with the rack in the lower rack position. Set the oven to Convection Bake at 160°C for 50 to 60 minutes, or until a skewer inserted in the center of the cake comes out clean.
6. Allow cake to stand for 10 minutes in the pan before turning out onto a wire rack. While cake is cooling mix the reserved lemon juice with the icing sugar until sugar is dissolved.

Spoon the glaze over the cold cake and drizzle down the sides of the cake. Allow icing to set a little before slicing.

Note: Add a little extra icing sugar to the glaze if the icing is a little too thin.

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## Caramelized Onion and Two-Tomato Tart

*A tasty and colourful tart for a first course or light lunch.*



**Active Time: 45 minutes Total Time: 75 minutes**

Makes one 20cm square tart – Serves 2-4

**1 medium brown onion, halved and sliced**  
**2 garlic cloves, crushed**  
**2 thyme sprigs, leaves only**  
**2 teaspoons olive oil**  
**1 teaspoon flaked salt**  
**½ cup mixed red and yellow grape tomatoes, halved**  
**1 sheet prepared puff pastry, defrosted**  
**egg wash (1 egg and 1 tablespoon water whisked together)**  
**1/3 cup grated Gruyere cheese**  
**60g fresh ricotta**  
**Basil leaves to serve**

1. Place the onion, garlic, thyme, oil and ½ teaspoon of the salt into a medium bowl, mix to combine. Put on the baking pan lined with kitchen baking paper and into the oven with the rack in the middle rack position. Set the oven to Super Steam at 150°C for 30 minutes.
2. While the onion is cooking, toss the tomatoes in the same bowl with ¼ teaspoon of salt. Remove onions from oven, set aside. Replace the baking paper and put the tomatoes on the pan and then into the oven. Set to Bake Steam at 200°C for 5 minutes. Remove and set aside. Replace the baking paper a third time.
3. Place pastry on a lightly floured surface and cut 4 x 2cm wide strips from each side of the pastry square. Place the strips directly on top of the pastry square edges, creating an elevated border edge. Using a fork, prick the surface of the pastry all over, in the centre and on the edges.
4. Line the baking pan with kitchen baking paper and put the pastry onto the pan. Lightly brush the egg wash over all the pastry. Put

the, pan into the oven with the rack in the lower rack position. Set to Convection Bake at 200°C for 30 minutes. Keep an eye on the pastry to make sure the surface does not get too dark. Shield with foil if browning too quickly.

5. Once pastry shell is baked and cools slightly, scatter ¼ cup of grated cheese onto the bottom of the tart shell. Dollop the ricotta on top of the cheese evenly across the tart; sprinkle with salt. Top evenly with the onion mixture and the tomatoes finish with remaining cheese and salt. Cover the border of the tart with foil and put back in the oven with the rack in the middle rack position and leave the oven door slightly ajar. Set oven to Grill at 260°C for 10 minutes, until the cheese on top is melted and golden brown.
6. Scatter basil on top of the tart before serving.

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## Spanish Style Mussels with Chorizo

*Sherry and spicy chorizo give these mussels a bit of Spanish flair.*



**Active Time: 15 minutes Total Time: 55 minutes**

Serves 4

**150g** chorizo, halved and thinly sliced  
**1** large brown onion, halved and thinly sliced  
**2** garlic cloves, crushed  
**1** tablespoon olive oil  
**60ml** sherry  
**1kg** mussels, scrubbed and de-bearded  
**2** tablespoons chopped flat-leaf parsley

1. Combine the chorizo, onion, garlic, and oil in a small bowl. Evenly spread ingredients on the baking pan and put in the oven with the rack in the lower rack position. Set to Bake Steam at 230°C for 20 minutes.
2. Remove the pan from the oven and carefully adjust the oven rack to the middle position. Stir in the sherry with a wooden spoon to deglaze the pan and add the mussels in an even layer. Return the pan to the oven and set to Steam at 100°C for 20 minutes until mussels have fully opened. Start checking the mussels at 15 minutes. Discard any mussels that have not opened.
3. Add parsley and serve immediately.

## Chermoula Prawns

*A North African-style pesto, this is a perfect accompaniment for most seafood, especially prawns and salmon. Also delicious tossed with steamed or roasted potatoes.*



**Active Time: 20 minutes Total Time: 10 minutes**

Serves 3-4

### Chermoula

**¾** cup fresh coriander leaves  
**½** cup fresh flat-leaf parsley  
**2** garlic cloves  
**½** teaspoon finely grated lemon rind  
**½** teaspoon flaked salt  
**½** teaspoon paprika  
**¼** teaspoon ground cumin  
**¼** teaspoon freshly ground black pepper  
**pinch** cayenne pepper  
**2** tablespoons fresh lemon juice  
**40-80ml** extra virgin olive oil

### Prawns

**800g** whole green large prawns, peeled and deveined  
**1** teaspoon olive oil  
**pinch** salt  
**pinch** freshly ground black pepper  
**4** bamboo skewers

1. Put all ingredients for the chermoula, except the olive oil into a, food processor bowl. Pulse until roughly chopped, about 8 to 10 times, scraping sides down as needed. While continuously processing, gradually add the oil through the liquid feed on the top of the lid, processing until desired consistency is reached – use less oil if you want a chunkier pesto-like sauce, or more if you want it thinner. Taste and adjust the seasonings. Cover and set aside.

2. Prepare the prawns and fit the grilling/ steaming rack into the baking pan. Put the prawns and oil into a bowl and season lightly with salt and pepper toss to combine. Divide the prawns and thread onto the skewers place skewers on top of the grilling/steaming rack. Put the rack in the upper grill position. Put the tray on the rack and leave the oven door slightly ajar. Set to Grill at 260°C for 10 minutes, or until the prawns are fully opaque. Turn prawns once during cooking.
3. Transfer the prawns to a platter and drizzle the chermoula over the top.

**Note:** If using wooden skewers, soak them in water for at least 30 minutes prior to using to prevent burning when grilling.

## Baked Snapper with Fennel and Citrus

*Just add the Roasted Capsicum Pilaf and you have an easy complete meal.*



**Active Time: 30 minutes    Total Time: 30 minutes**

Serves 2

- 2 small eshallots, thinly sliced
- 2 garlic cloves, crushed
- 1 small fennel bulb, thinly sliced
- 1 medium orange, thinly sliced
- 1 small lemon, thinly sliced
- 2 sprigs fresh oregano
- 2 sprigs fresh thyme
- ½ teaspoon flaked salt
- ¼ teaspoon red chilli flakes
- 1 tablespoon olive oil
- 1kg whole snapper, scaled & cleaned

1. To make filling place eshallots, garlic, fennel, orange, lemon, oregano, thyme, half the salt, chilli flakes and half the oil into a large bowl. Toss to combine.
2. Cut two slashes into the flesh of the fish behind the head on both sides and sprinkle with remaining salt. Fill the fish cavity with about ½ -1 cup of the filling. Tie the fish with kitchen string in 3 places along the length of the fish to keep the filling inside. Keep in mind there will be plenty of filling left over.
3. Prepare a bed of the remaining filling ingredients in the middle of the baking tray on a diagonal, placing some of the citrus slices on the top. Place the fish on top of the bed.
4. When ready to cook, drizzle the remaining oil over the fish and place in the oven with the rack in the middle rack position. Set the oven to Bake Steam at 230°C for 30 minutes.
5. Remove the tray, cover fish with foil to rest for 5 minutes then serve with the vegetables.

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## Red Chilli Pork

*The perfect taco filling, tender and absolutely delicious!.*

 **Active Time: 30 minutes**    **Total Time: 2 hours (or overnight)**  
**plus 1.2 hours**

Serves about 6-8


**1.5kg**    boneless pork shoulder, rind removed  
**1**        tablespoon olive oil  
**2**        teaspoons flaked salt  
**3**        teaspoons chilli flakes  
 $\frac{1}{2}$         teaspoon dried oregano  
**1**        bay leaf  
**1**        cinnamon stick  
 $\frac{1}{2}$         teaspoon cumin seed  
 $\frac{1}{4}$         teaspoon cayenne  
**2**        garlic cloves, crushed

1. Cut the shoulder into large chunks; and place in a large bowl.
2. Combine the remaining ingredients in a small bowl then rub well into the meat. Cover and marinate in the refrigerator for at least 2 hours or overnight.
3. Transfer the meat, with the spices, to the baking tray and put in the oven with the rack in the lower rack position. Set to Bake Steam at 180°C for 75 minutes when time expires, reset to 110°C for an additional 45 minutes on Bake Steam.
4. Allow pork to rest in oven until cool enough to handle. Remove the baking tray carefully to avoid spilling any of the braising liquid.
5. Remove and discard bay leaf and cinnamon stick. Using your hands (wearing gloves is recommended!), shred pork into bite-size pieces. This can now be enjoyed as a filling for tacos, burritos or served over rice with vegetables.

Serve with our Red Chilli Sauce (recipe follows) for extra flavour and chilli hit.

## Red Chilli Sauce

*The perfect sauce for tacos, burritos and vegetables. Be sure to have your roasted tomatoes ready before starting the recipe.*

 **Active Time: 20 minutes**    **Total Time: 1 hour 10 minutes**

Makes about 2 cups

**1**        tablespoon olive oil  
**1**        medium brown onion, finely chopped  
**2**        garlic cloves, finely chopped  
**1**        tablespoon chilli flakes  
 $\frac{1}{2}$         teaspoon flaked salt  
**1**        recipe roasted tomatoes (page 12)  
**250ml**    salt-reduced chicken stock  
**2**        tablespoons honey  
**1**        bay leaf

1. Heat oil into a medium frying pan over low- medium heat. Add the onion and garlic cook stirring until soft about 3 minutes. Add the chilli and salt; cook, stirring occasionally, for a further 5 minutes. Add the tomatoes and stir with a wooden spoon to break them down and fully combine all ingredients.
2. When cooked down a bit, add the, honey and bay leaf. Increase heat to medium - high and bring to a gentle boil. Reduce to a simmer and cook, for 1 hour, stirring occasionally.

**Note:** Add extra chilli if you like it hot or try different chillies such as Chipotle.

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## Beef Roast with Garlic and Herbs

*Marinating overnight intensifies the flavour of this simple roast.*



**Active Time: 15 minutes   Total Time: 2 hours (or overnight) plus 1 hour 20 minutes**

Serves 4

**800g piece beef scotch fillet**  
**4 garlic cloves, crushed**  
**2 sprigs fresh thyme**  
**2 sprigs fresh oregano**  
**¼ teaspoon freshly ground**  
**½ teaspoon flaked salt**  
**1 tablespoon unsalted butter, melted**

1. Put the beef fillet into a large re-sealable storage bag with the garlic, thyme, oregano and pepper. Toss to coat and marinate covered in refrigerator minimum 2 hours or best overnight.
2. Line the baking pan with kitchen baking paper. Remove beef from bag, discard garlic and herbs place onto the baking pan. Season with salt and allow to stand covered at room temperature for 30 minutes before cooking.
3. Put the beef in the oven with the rack in the lower rack position. Set to Convection Bake at 230°C for 30 minutes. At the end of the convection bake cycle, remove beef from oven and brush the top with melted butter. Return meat to the oven leaving door slightly ajar and set to Grill at 230°C for 5 minutes.
4. Allow the meat to rest covered with foil for 15 minutes before slicing and serving.

## Chicken with Mixed Capsicum

*Balsamic vinegar gives the chicken a glazed finish from the oven.*



**Active Time: 25 minutes   Total Time: 1 hour plus 1 hour**

Serves 4

**1 medium red capsicum, halved, deseeded and thinly sliced**  
**1 medium yellow capsicum, halved, deseeded and thinly sliced**  
**1 small red onion, halved and thinly sliced**  
**2 garlic cloves, crushed**  
**1 tablespoon fresh rosemary leaves**  
**1 tablespoon olive oil**  
**2 tablespoons balsamic vinegar**  
**½ teaspoon flaked salt**  
**¼ teaspoon freshly ground black pepper**  
**4 large chicken thighs, bone-in, skin on**

1. Combine all ingredients in a large bowl. Mix well and making sure vegetables and chicken are evenly coated with the oil and vinegar. Cover with plastic wrap and chill in the refrigerator for 1 hour.
2. Evenly arrange the ingredients in the baking pan, with the chicken sitting on top of the vegetables, skin side up. Put in the oven with the rack in the middle rack position and set the oven to Bake Steam at 180°C for 60 minutes.
3. Remove from the oven and serve.



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## Salmon with Herb and Lemon Butter

*A quick and easy recipe. Any leftovers can be served over a salad the next day.*

 **Active Time: 20 minutes    Total Time: 30 minutes plus 25 minutes**

Serves 4

**1**      **tablespoon finely chopped chives**  
**1**      **tablespoon finely chopped dill**  
**1**      **tablespoon finely chopped flat-leaf parsley**  
**80g**   **unsalted butter, softened**  
**1**      **teaspoon finely grated lemon rind**  
**¼**     **teaspoon flaked salt**  
**¼**     **teaspoon freshly ground black pepper**  
**500g**   **salmon \*, ocean trout or kingfish fillet**

1. Put the chives, dill and parsley into a small food processor bowl. Add butter, lemon rind, salt and pepper. Mix or process until well combined. Transfer butter to a piece of kitchen baking paper and flatten out and form into the shape of the fish fillet. If butter is too soft, refrigerate for 30 minutes.
2. Sprinkle salmon fillet with pinch of salt and gently put the butter onto the top of the fish, covering as much of the flesh as possible.
3. Chill the prepared salmon in refrigerator for at least 30 minutes.
4. When ready to cook put the salmon on top of the grilling/steaming rack fit into the baking pan. Put in the oven with the rack in the lower grill position. Set to Grill Steam at 250°C for 10–15 minutes\* and then Grill at 250°C with the door slightly ajar for 5–10 minutes to lightly browning.
5. Remove salmon cover with foil and allow to stand for 5 minutes before serving. Spoon some of the butter over the fish.

\*Salmon fillets vary in size so it may be necessary to adjust the cooking time, depending on thickness.

**Note:** The butter could be mixed by hand but may require pre-chilling before shaping.

## Roast Herb Chicken

*The Combo Steam + Convection Oven creates the foolproof chicken – crispy and moist, no oil necessary!*

 **Active Time: 10 minutes    Total Time: 2 hours (or overnight) plus 75 minutes**

Serves 4

**1.5kg**   **whole chicken**  
**½**      **teaspoon freshly ground black pepper**  
**3**      **garlic cloves, crushed**  
**3**      **sprigs fresh thyme**  
**3**      **sprigs fresh rosemary**  
**2**      **sprigs fresh oregano**  
**1**      **teaspoon flaked salt**  
**1**      **medium lemon, halved**


1. Put the chicken into a large re-sealable storage bag with the pepper, garlic and herbs. Toss to coat and marinate covered in refrigerator minimum 2 hours or best overnight.
2. Line the baking pan with kitchen baking paper. Remove chicken from the bag and place onto the pan. Season with salt and squeeze lemon juice over the chicken and stuff the lemon halves into its cavity with the herbs used in the marinade. Tie the legs of the chicken together with kitchen string.
3. Put the baking pan into the oven with the rack in the lower rack position. Set to Bake Steam at 180°C for 60 minutes, or until chicken is cooked and skin is golden brown. Check that the juices are running clear when tested at the thickest part near the chicken thigh.
4. Remove chicken cover with foil and allow to stand for 15 minutes before serving.

**Note:** when bake/steaming whole chickens, allow approximately 20 minutes per 500g.

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## Asian-Style Pork Ribs

*These sweet and savory ribs are delicious on their own but they are also the filling for our pork buns in the next recipe.*

 **Active Time: 15 minutes Total Time: 2 hours (or overnight) plus 2 hours**

Serves 4

**125ml** hoisin sauce  
**125ml** salt-reduced soy sauce  
**1** tablespoon fresh lime juice  
**1** tablespoon mirin  
**1** tablespoon fish sauce  
**3cm** piece of ginger, peeled and halved  
**2** garlic cloves  
**½** cup packed light brown sugar  
**60ml** canola oil

**Bone-in pork ribs (about 1.5kg), cut into individual ribs**

1. Put all ingredients except ribs into a blender jug in the order listed. Blend on high until completely smooth and combined.
2. Put ribs into a large flat dish and coat with the marinade. Toss to coat and marinate covered in refrigerator minimum 2 hours or best overnight.
3. Take the meat from the refrigerator and remove as much marinade from each individual rib as possible. Line the baking pan with kitchen baking paper and put the ribs onto the pan in a single layer. Place into the oven with the rack in the middle rack position. Set the oven to Bake Steam at 180°C for 60 minutes. When time expires, reset to 110°C for an additional 1 hour on Bake Steam.
4. Remove the ribs from the oven and serve.

## Steamed Pork Buns

*These delicate breads are a classic dim sum component and have quickly become a favourite in our test kitchen.*

 **Active Time: 40 minutes Total Time: 1 hour plus 1 hour**

Makes 14 buns

**1** recipe Asian-Style Pork Ribs, cooled  
**1** teaspoon (3.5g) active dry yeast  
**¼** cup granulated sugar  
**330ml** lukewarm water  
**3** cups plain flour, plus more as needed  
**¼** teaspoon bicarbonate of soda  
**1** tablespoon canola oil

1. Remove meat from ribs and shred well. Keep refrigerated until ready to use. If desired, reserve any juices from the ribs after baking to moisten meat before filling.
2. Mix yeast with a pinch of the sugar and stir into 80ml warm water. Let mixture stand 5-10 minutes until it foams a little.
3. In a large bowl combine the flour, remaining sugar and the bicarbonate of soda. Stir to mix and make a small well in the centre.
4. Add the remaining water to the yeast mixture and slowly pour it into the flour, using one hand to pour while the other mixes the dough. If the dough appears too wet, add more flour, 1 tablespoon at a time until the dough starts to come together. Add the oil and use your hands to work the dough until well combined and so it is not sticking to the bowl.
5. Transfer the dough to a well-floured surface and knead the dough by hand for about 5 minutes until it is smooth and elastic. It may be necessary to continue adding a little more flour if the dough is too stick when kneading. Shape the dough into a ball and place into a clean lightly oiled bowl, cover with a dampened kitchen towel. Let the dough rest at room temperature for 1 hour.

6. Meanwhile, line the baking pan with a piece of kitchen baking paper and take pork out of the refrigerator. Lay a large piece of baking paper onto the surface where you will be filling the buns.
7. Lightly flour the work surface. Divide the dough into two pieces and roll one at a time into a log, about 40cm long. Cut the log into 7 equal pieces, about 60g each. Repeat with remaining dough.
8. Working with one piece of dough at a time and keeping the rest covered with the damp towel, roll each piece of dough into a very flat round, about 15 cm in diameter. Fill each, dough round in the centre with 1½ tablespoons of the shredded pork. It may seem like a lot but the dough will stretch as you pull it up and around the filling. Gather the dough up and around the filling by pleating along the edges. Pinch the pleats together, making a little neck on the bun, and twist firmly to seal, as a pouch.
9. Put the bun on the paper and cover with another damp towel. Repeat with remaining dough and filling until all buns have been made.
10. Put half of the buns on the baking tray, keeping the remaining 7 covered. Put the tray in the oven with the rack in the middle rack position and set to Steam at 100°C for 30 minutes, until dough is cooked through. Remove the buns and re-line the tray with new baking paper and repeat cooking process with remaining buns.
11. Serve immediately.

**Note:** If the shredded rib pork seems a little dry add some extra liquid by mixing 1 teaspoon, hoisin sauce to 2 teaspoons water. Add to meat and mix to combine.

## Brussels Sprouts with Pancetta

*The perfect side dish to any meal; the saltiness of the pancetta complements the earthiness of the sprouts and a finish of red wine vinegar provides an unexpected but welcome tang.*



**Active Time: 15 minutes Total Time: 20 minutes**

Serves 4

<b>450g</b>	<b>Brussel sprouts, trimmed and halved</b>
<b>1</b>	<b>eshallot, peeled and thinly sliced</b>
<b>40g</b>	<b>pancetta, diced</b>
<b>1</b>	<b>tablespoon extra virgin olive oil</b>
<b>¼</b>	<b>teaspoon flaked salt</b>
<b>¼</b>	<b>teaspoon freshly ground black pepper</b>
<b>2</b>	<b>teaspoons red wine vinegar</b>

1. Put all the ingredients except the vinegar together in a large bowl and toss until evenly coated. Arrange the ingredients on the baking pan in a single layer, with the Brussels sprouts cut side down.
2. Put the baking pan in the oven with the rack in the lower rack position and set the oven to Super Steam at 200°C for 20 minutes, until the sprouts are tender and lightly browned. Start checking after 15 minutes.
3. Remove sprouts from the pan and put them into a serving bowl. Toss with vinegar. Adjust seasoning and serve.

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## Colorful Roasted Capsicum Rice Pilaf

*This colorful side dish works well alongside most main dishes from beef to chicken to fish. Any vegetable can easily be substituted for the capsicum for a variation.*

 **Archive time: 20 minutes Total time: 1 hour plus 15 minutes**

Serves 4-6

- 1** medium red capsicum (250g)
- 1** medium yellow capsicum (250g)
- 2½** teaspoons olive oil
- ½** medium brown onion, finely chopped
- 2** garlic cloves, crushed
- 1½** cups long grain white rice
- ½** cup brown rice
- 625ml** salt-reduced chicken stock
- 2** sprigs fresh thyme
- 1** teaspoon flaked salt
- ¼** teaspoon freshly ground black pepper
- ¼** cup fresh flat-leaf parsley, chopped
- 2** green shallots, trimmed and chopped

1. Put the whole capsicums on the baking pan and rub with ½ teaspoon of oil and put in the oven with the rack in the middle rack position. Set to Bake Steam at 200°C for 30 minutes. Turn the capsicums over half way through cooking.
2. Once finished, put capsicum in a medium bowl and cover tightly with plastic wrap. Stand for 30 minutes. When cool, remove capsicum and peel away the skin, discarding both the skin and seeds. Cut the capsicums into 1.5cm dice and set aside.
3. Put the remaining oil into a 2 litre baking pan with the onion, garlic, rice, stock, thyme, salt and pepper. Cover the pan and put in oven with the rack in the lower rack position. Set the oven to Super Steam at 150°C for 35 minutes. Taste and check brown rice is cooked and tender.

4. When cooked, allow rice to rest for about 15 minutes. Finish by stirring in the capsicum, parsley and shallots.

## Roasted Tomatoes

*Steam-roasting tomatoes intensifies their flavour. They can be a tasty component to many dishes, or blend them up as a sauce.*

 **Active Time: 10 minutes Total Time: 15 minutes**

Serves 4

- 1** tablespoon extra virgin olive oil
  - 10** Roma tomatoes, halved lengthwise
  - 1** teaspoon flaked salt
- Freshly ground black pepper**

1. Line the baking pan with kitchen baking paper. Place the tomatoes, cut side up onto pan. Drizzle the tomatoes with oil and season with salt and pepper. Put the baking pan into the oven with the rack in the middle rack position. Set to Bake Steam at 230°C for 15 minutes.
2. Remove tomatoes from oven and let cool a little. Serve.

**Note:** For variety add fresh sprigs of thyme or rosemary before cooking.

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## Brioche

*Soft and buttery, this bread takes some TLC to prepare, but the final results are well worth it. Perfect when toasted and spread with jam for breakfast, or sliced and made even more decadent when used for making French toast.*



**Active Time: 55 minutes    Total Time: 4.5 hours plus 55 minutes**

Makes 1 loaf

**1¼    teaspoons (4g) active dry yeast**  
**1        teaspoon white sugar**  
**2        tablespoons (extra) white sugar**  
**2        tablespoons lukewarm milk**  
**1⅓     cups bread flour**  
**2        free range eggs, room temperature, lightly beaten**  
**½        teaspoon flaked salt**  
**120g    chilled unsalted butter, cubed \***  
**egg wash (1 large egg and 1 tablespoon water whisked together)**

1. In a small bowl, dissolve the yeast and teaspoon of sugar in the warm milk. Let mixture stand 5-10 minutes, or until it foams a little.
2. Put the flour and extra sugar in the bowl of a stand mixer fitted with the paddle attachment. Mix to combine. Once yeast has proofed, add mixture to the flour/sugar. Mix on a low-medium speed until completely combined, and then very gradually add the eggs, not adding more until the previous bit has been absorbed by the flour mixture. Continue to mix until dough is completely combined without any lumps. You may need to raise the speed to a medium/medium-high at this point. The dough will be very sticky and glue-like. Allow this to mix for about 10 minutes to allow gluten to develop well. Stop the mixer to scrape down the sides of the bowl and the paddle as needed to be sure that the dough is well mixed and smooth.
3. Scrape down the sides of the bowl and the paddle, and then replace the paddle with the dough hook. Start mixing on a low/low-medium

speed and add the salt. Gradually add the cold butter, cube by cube, not adding more butter until the earlier piece is fully incorporated. Increase speed to medium and continue kneading until all the butter has been added. If the dough is getting a little too sticky add additional flour, 1 teaspoon at a time. The kneading process should take about 15 to 20 minutes – do not rush it! Dough is done when it is smooth and elastic, and when pulled should not break apart easily.

4. Form dough into a ball and put in a clean lightly oiled bowl, cover with plastic and allow to rest in the refrigerator for 3½ hours. After chilling, let stand at room temperature for an additional 30 minutes.
5. Generously grease a 22cm loaf pan. Gently shape dough into a loaf and put it in the pan. With the rack in the lower rack position, put pan in oven. Set to Steam at 40°C for 25 minutes to proof. Remove from oven and lightly brush with egg wash. Return to oven and then set to Bread at 180°C for 30 minutes to bake. Bread should be shiny and well browned at the end of the baking cycle.
6. Remove bread from the pan and allow to cool completely on a wire rack before serving.

\* It's important to keep the butter chilled in refrigerator until ready to use.

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## Soft Pretzels

*Just like the street vendors' pretzels, but now in your own kitchen!*



**Active Time: 45 minutes Total Time: 1.25 hours plus 40 minutes**

Makes 12 pretzels

**250ml** lukewarm water  
**1** tablespoon brown sugar  
**7g** sachet active dry yeast  
**3¼** cups bread flour  
**2** teaspoons flaked salt  
bicarbonate of soda wash (1/3 cup warm water and 1 teaspoon bi carb soda whisked together to dissolve bi carb)  
egg wash (1 large egg and 1 tablespoon water whisked together)  
coarse salt, for sprinkling

1. Put the water into a small bowl or large measuring jug and add the sugar and yeast; stir to dissolve. Let mixture stand 5-10 minutes, or until it foams a little.
2. Put the flour and salt into a food processor bowl fitted with the metal chopping blade and process for 10 seconds. With the machine running, slowly add the proofed yeast mixture through the liquid feed tube on the lid and process until a dough ball forms. Continue processing 45 seconds to knead the dough. Shape the dough into a smooth ball, put in a clean lightly oiled bowl and cover with plastic wrap. Let rise in a warm place until the dough has doubled in size, about 1 hour.
3. Gently punch dough down and then roll into a 40cm rope. Divide the dough into 12 equal pieces. Take one piece (keep other pieces covered loosely with plastic wrap or a damp towel to prevent drying out) and roll into a very thin rope, about 15cm long, and shape into a pretzel by taking the two ends and crossing them over one another, making sure that the ends hang over the bottom; press firmly to seal. Repeat

with remaining pieces of dough, being sure to keep all shaped pretzels under plastic or a damp towel.

4. Line the baking pan with a piece of kitchen baking paper. Put 6 of the shaped pretzels on the lined pan. Lightly brush the pretzels with the bi carb soda wash. Put the pan in the oven with the rack in the middle rack position. Set to Steam at 100°C for 5 minutes.
5. At the end of the steaming cycle, remove from oven and lightly brush the pretzels with the egg wash and sprinkle generously with the salt. Return to oven then set to Convection Bake at 220°C for 12 to 14 minutes to bake. Pretzels should be shiny and lightly browned at the end of the baking cycle.
6. Remove pretzels from the pan and serve immediately. Re-line baking pan with another piece of baking paper. Repeat cooking process with the remaining 6 pretzels. Pretzels are best served the same day, preferably hot out of the oven. They can last for 2 days if stored in an airtight container.

## Buttery White Rolls

*Fresh from the oven, warm rolls make any meal extra-special.*



**Active Time: 30 minutes Total Time: 1.25 hours plus 50 minutes**

Makes 12 rolls

**80ml** milk  
**120g** unsalted butter  
**3** tablespoons granulated sugar  
**7g** sachet active dry yeast  
**60ml** lukewarm water  
**1** free-range egg, lightly beaten  
**3** cups bread flour  
**¾** teaspoon salt  
egg wash (1 large egg and 1 tablespoon water whisked together)

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1. In a small saucepan combine the milk, butter and sugar. Warm over low heat until the butter is melted. Remove from heat and set aside to cool to room temperature.
  2. Place water into a jug and add the yeast, mix. Let mixture stand 5-10 minutes, or until it foams a little. Combine with cooled milk mixture and beaten egg. Put the flour and salt into a food processor bowl fitted with the metal chopping blade and process for 10 seconds. With the machine running, slowly add all the liquids through the feed tube on the lid and process until a dough ball forms. Continue processing for 1 minute to knead the dough. Remove and shape the dough into a smooth ball, and put in a clean lightly oiled bowl and cover with plastic wrap. Stand in a warm place until the dough has doubled in size, about 1 hour.
  3. Lightly grease a 22cm round cake pan. Punch the dough down and then divide into 12 equal pieces (about 60g each). Roll into smooth rounds and arrange side by side in the prepared pan. Put the pan in the oven, with the rack in the lower rack position. Set to Steam at 40°C for 25 minutes to proof.
  4. Remove from oven and lightly brush the proofed rolls with egg wash. Return to oven and set to Bread at 190°C for 25 minutes to bake. Rolls should be golden brown.
  5. Remove rolls from the pan and onto a wire rack to cool slightly before serving.

## Rustic Italian Bread

*This airy and crusty loaf proves that making artisanal-style bread at home has never been easier.*



**Active Time: 30 minutes    Total Time: 2 hours plus 1 hour**

Makes 1 round loaf

**7g            sachet active dry yeast**  
**¾            teaspoon granulated sugar**  
**250ml      lukewarm water**  
**3            cups bread flour**  
**1/3          cup wheat bran**

**1½          teaspoons flaked salt**  
**1½          tablespoons olive oil**  
**egg wash (1 large egg and 1 tablespoon cold water whisked together)**

1. Place yeast, sugar and water into a measuring jug and mix. Let mixture stand 5-10 minutes, or until it foams a little.
2. Put the flour, wheat bran and salt into a food processor bowl fitted with the metal chopping blade and process for 10 seconds. Add the oil. With the machine running, slowly add the liquid through the feed tube on the lid and process until a dough ball forms. Continue processing 1 minute to knead the dough. Shape the dough into a ball and put into a large clean lightly oiled bowl. Cover the bowl with plastic wrap and let the dough rise for 1 hour, until doubled in size.
3. Punch down the dough, reshape into a ball and cover the bowl again with a clean piece of plastic wrap. Let rise 1 hour.
4. Line the baking pan with a piece of kitchen baking paper. Gently punch down the dough and shape into a tight, large round. Put the round on

- the pan and in the oven with the rack in the lower rack position. Set to Steam at 40°C for 25 minutes to proof.
- Remove from oven; with a serrated knife cut an X into the centre of the top of the loaf, brush lightly with the egg wash and return to the oven. Set to Bread at 200°C for 30–35 minutes to bake.
  - Bread should be nicely browned. Remove from the oven and cool completely on a wire rack before slicing.

## French Bread

*Multiple rises and an overnight stay in the refrigerator is what give this bread its complex flavor.*

 **Active Time: 30 minutes    Total Time: 2 hours & overnight - plus 55 minutes**

Makes 2 small baguettes

**1¼      teaspoons (4g) active dry yeast**  
**pinch   granulated sugar**  
**250ml   lukewarm water**  
**3        cups white flour**  
**1        teaspoon flaked salt**  
**egg wash (1 large egg and 1 tablespoon water, whisked together)**

- Place yeast, sugar and 180ml of the warm water into a measuring jug, mix. Let mixture stand 5-10 minutes, or until it foams a little.
- Put the flour and salt into a food processor bowl fitted with the dough or metal chopping blade and process for 10 seconds.
- With the machine running, slowly add the liquid with the yeast through the feed tube on the lid and process until a dough ball forms. Add reserved water 1 tablespoon at a time if dough is too dry. Continue processing 1 minute to knead the dough. Shape the dough into a ball

- and put in a large clean lightly oiled bowl. Cover the bowl with plastic wrap and let the dough rise for 1 hour, until doubled in size.
- Punch down the dough, reshape into a ball and cover the bowl again with a clean piece of plastic wrap. Let rise 1 hour.
  - Punch down the dough once more and cover again with a clean piece of plastic wrap. Put the bowl in the refrigerator overnight.
  - The next day, remove the dough from the refrigerator and bring to room temperature. Line the baking tray with a piece of kitchen baking paper.
  - Gently punch down dough and divide in half. Press and roll each dough half into baguette form, about 22cm long. Put the loaves side by side on the tray in the steam oven with the rack in the lower rack position. Set to Steam at 40°C for 25 minutes to proof.
  - Remove the tray from the oven and using a serrated knife cut three slits across the top of each loaf, brush lightly with egg wash and return to the oven. Set to Bread at 200°C for 30 minutes to bake the loaves, rotating the tray halfway through.
  - Bread should be nicely browned. Remove and cool completely on a wire rack before slicing.



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## Chocolate Chip Bread Pudding

*A great make ahead of time dessert.*

 **Active Time: 20 minutes Total Time: 3 hours (or overnight) plus 50 minutes**

Serves 4-6

**1** loaf brioche bread, (see page 12) cut into 2.5cm cubes  
**½** cup chocolate chips

**3** free-range eggs, lightly beaten  
**1/3** cup caster sugar  
**½** teaspoon flaked salt  
**250ml** milk  
**250ml** thickened cream  
**2** teaspoons vanilla extract  
non-stick cooking spray

1. Put the brioche bread cubes and chocolate into a large bowl. Toss to combine. Set aside.
2. Put the eggs, sugar and salt into a large bowl and whisk until light and frothy. Add the milk, cream and vanilla and continue to whisk until well combined. Pour liquid mixture over the bread and chocolate. Gently stir to combine. Cover with plastic wrap and allow to stand in the refrigerator for a minimum of 3 hours, and up to overnight.
3. Lightly spray a 22cm round cake pan with the nonstick spray (or brush with melted butter). Transfer the soaked bread mixture to the pan. Lightly cover with foil. Put pan into the oven with the rack in the lower rack position. Set to Bake Steam at 180°C for 50 minutes. Bread pudding is done when it is nicely puffed and looks set. Serve immediately with thickened cream or ice cream.

## Cinnamon Sugar Doughnuts

*Light and fluffy; it will be difficult to resist not baking these doughnuts every day!*

 **Active Time: 50 minutes Total Time: 2 hours plus 54 minutes**

Makes 12 round doughnuts, plus 12 doughnut holes

**1½** teaspoons (5g) active dry yeast  
**1** teaspoon white sugar  
**2** tablespoons lukewarm milk  
**1½** cups plain flour, plus more for mixing (up to ½ cup)  
**1** tablespoon white sugar (extra)  
**¼** teaspoon flaked salt  
**¼** teaspoon ground cinnamon  
pinch ground nutmeg  
**2** free-range eggs, room temperature and lightly beaten  
**60ml** buttermilk  
**1** teaspoon vanilla extract  
**80g** unsalted butter, room temperature and cubed  
**80g** melted butter, for finishing  
cinnamon sugar, for finishing

1. Place yeast and 1 teaspoon, sugar and the warm milk into a small bowl, mix. Let mixture stand 5-10 minutes, or until it foams a little.
2. Put flour, the extra sugar, salt, cinnamon and nutmeg into the bowl of a stand mixer fitted with the dough hook. Mix to combine. Once yeast has proofed, add it to the flour/sugar. Mix on medium/low-medium until combined.
3. Whisk the eggs, buttermilk and vanilla together in a large measuring jug. While mixing on medium speed, gradually add the liquid ingredients to the flour mixture. Using extra ½ cup of flour, add one teaspoon at a time, as needed to keep dough from sticking to the dough hook and sides.

4. Once liquid mixture is fully incorporated, gradually add the butter, 1 piece at a time, until all have been mixed into the dough. Again, continue adding flour, 1 teaspoon at a time, to keep dough from sticking to the sides. The dough should turn over nicely in the bowl while kneading. Knead for an additional 2-5 minutes after butter has been added. Dough should be tender and smooth, and when pulled should not break apart.
5. Form dough into a ball and put in a large clean lightly oiled bowl, cover with plastic and allow to rest for 1 hour. After 1 hour, gently turn dough over and press dough (do not punch). Cover and allow to rest for another 1 hour.
6. Line the baking pan with kitchen baking paper. Divide the dough into 12 pieces (about 45g each). Working with one piece at a time, (keeping the others covered loosely with a damp teat towel) form into a disc about 8cm in diameter. Using a small round cutter (2cm) cut a hole out of the centre. Put cut round on the lined baking pan and cover loosely with plastic. Reserve the doughnut holes on a separate plate, covered with plastic. Repeat with the remaining pieces of dough.
7. Once 6 doughnuts have been cut, put them in the oven with the rack in the middle rack position. Set to Steam at 40°C for 15 minutes. At the end of the steaming cycle, switch to Bread at 180°C for 12 minutes. Doughnuts should be nicely puffed with minimal colour when done. Repeat with remaining 6 doughnuts and finally the doughnut holes.
8. While doughnuts are baking, melt remaining butter in a small saucepan over low heat. Put cinnamon sugar in a shallow bowl. Set aside.
9. Remove doughnuts from oven and immediately brush with butter on all sides and then gently toss in cinnamon sugar. Serve immediately.

## Chocolate Vanilla Pots

*Love chocolate - an anytime delicious dessert.*



**Active Time: 30 minutes    Total Time: 3 hours (or overnight)  
plus 40 minutes**

Serves 4

<b>125ml</b>	<b>thickened cream</b>
<b>125ml</b>	<b>milk</b>
<b>½</b>	<b>teaspoon vanilla extract</b>
<b>90g</b>	<b>dark cooking chocolate</b>
<b>1</b>	<b>teaspoon instant espresso coffee</b>
<b>3</b>	<b>free-range egg yolks</b>
<b>¼</b>	<b>cup caster sugar</b>

**pinch flaked salt**

1. Put the cream, milk and vanilla into a small saucepan place over low-medium heat. Put the chocolate and coffee, in a heatproof mixing bowl; set aside. Once cream/milk mixture just comes to a simmer, pour it over the chocolate. Let the chocolate sit for a few minutes, and then whisk together (you do not want to whisk when it is too hot, or the chocolate will be grainy).
2. Separate the egg yolks and whites (reserve whites for another use). Put the egg yolks, sugar and salt in a medium sized mixing bowl. Using either a hand mixer or mix by hand with a whisk, mix until very light and thick. Once combined, temper the yolks with the chocolate/cream mixture by pouring about half of the warm chocolate mixture into the egg mixture. Gently whisk until fully combined, and then add the remaining chocolate mixture. Do not over-whisk – you do not want the mixture to be frothy at this point. Dab the surface with paper towel to remove any foam.

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3. If the mixture seems a bit grainy, pour through a fine mesh strainer set over a clean mixing bowl.
  4. Divide mixture evenly among four individual  $\frac{3}{4}$  cup (180ml) custard cups or ramekins.
  5. Put cups on the baking pan and cover each one with foil. Put the pan in the oven with the rack in the lower rack position. Set to Bake Steam at 110°C for about 40 minutes. Once cooking time is complete, leave custards undisturbed for 10 minutes before removing from oven. Custards are done when they are just set (the centre will still move slightly when shaken).
  6. Once cool, wrap each custard cup with plastic and refrigerate until well chilled – 3-4 hours or overnight.

## Honey-Roasted Peaches with Cream

*Minimal ingredients let the peaches shine in this fresh, summertime dessert.*



**Active Time: 15 minutes Total Time: 20 minutes**

Serves 4

### Peaches

**4 medium-firm peaches, halved and pitted**  
 **$\frac{1}{4}$  to  $\frac{1}{3}$  cup honey (depending on sweetness of peaches)**  
 **$\frac{1}{4}$  teaspoon salt**  
 **$\frac{1}{2}$  teaspoons fresh lemon juice**

### Cream

**125ml thickened cream**  
**1 tablespoon honey**  
 **$\frac{1}{2}$  teaspoon vanilla extract**  
**Amaretti cookies, crushed, to serve**

1. Put the peaches, honey, salt and lemon juice into a large bowl, toss gently until peaches are fully coated. Line the baking pan with kitchen baking paper and arrange the peaches, cut side up, evenly on the pan. Spread any excess honey mixture over the peaches.
2. Put peaches in the oven with the rack in the middle rack position. Set to Bake Steam at 190°C for 20 minutes.
3. While peaches are cooking, prepare the honey cream. Put the cream in a small bowl and begin to whisk either by hand or with a hand mixer fitted with the whisk attachment. Gradually add the remaining ingredients and whisk to a soft peak – you want the cream to be slightly loose. Cover and chill.
4. Transfer the peaches to a platter and pour the honey cream over them. Garnish with the crushed cookies. Serve immediately.