

# TRUE<sup>®</sup> PS100

## TREADMILL



### SIMPLICITY + DURABILITY

The TRUE<sup>®</sup> PS100 treadmill is engineered for simple durability. Driven by a 3 hp DC self-cooling motor that delivers TRUE's signature smooth and quiet acceleration, the PS100 provides proven reliability, easy maintenance and an enjoyable workout experience.

### MADE TO GO THE DISTANCE

The TRUE<sup>®</sup> PS100 treadmill is manufactured with commercial-grade materials and the finest components for extreme durability. Coupled with a great warranty and service plan, you know that your treadmill will stand up to years of heavy use.

### SAFETY AND COMFORT

TRUE offers users a comfortable and safe workout experience. The PS100 offers one of the largest running surfaces in the industry. This feature, along with handrails, puts you on a treadmill built with safety in mind. In addition, the TRUE Soft System<sup>™</sup> ensures the most orthopedically correct shock absorption by providing a soft surface on impact while transitioning to a firm surface for push-off.

### FOLLOW YOUR HEART TO FITNESS

The PS100 treadmill is equipped with the HRC (Heart Rate Control)<sup>®</sup> system, which automatically adjusts incline and speed to keep your heart rate within a desired range. You can conveniently control your heart rate with our contact or wireless technology. TRUE also provides HRC Cruise Control<sup>™</sup> which allows you to put in your desired heart rate and the treadmill will keep you there by automatically adjusting speed and elevation (it works just like the Cruise Control in your car). Heart Rate Control is the new trend in fitness and weight loss.

### EFFECTIVE AND INSPIRING

It's simple to monitor your progress with the easy-to-read LCD screen. The quick keys, data feedback and challenging programs provide you the tools necessary to meet your fitness or weight loss goals.



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DRIVE SYSTEM	Drive Motor	TRUE 3hp DC
	Incline Motor	Elevation Motor with 1000 lbs of Thrust
	Speed Sensor	Magnetic Reed Sensor
	Power Source	115 Volt/15 Amp Dedicated (NEMA 5-15 Power Receptacle) Cord Length 10' (3.0 m)
EXERCISE SURFACE	Deck	Melamine Laminated 1" Medium Density Fiberboard
	Reversible Deck	N/A
	Belt	Multi-Ply Polyester Belt with PVC Surface
	Rollers	3" Diameter Crowned Rollers
	Impact System	TRUE Soft System (neoprene shock absorbers)
	Lubrication	TRUE Proprietary Lubricant "Silax"®
FRAME	Frame	Robotically Welded Heavy-Gauge Steel
	Pedestals	Robotically Welded Heavy-Gauge Steel
	Handrails	Flared Protective Dipped Foam Handrails
	Medical Handrails	N/A
CONSOLE	Display Type	7" Single Window LCD
	iPod® Compatibility	N/A
	Entertainment Capabilities	N/A
	Communications	N/A
	Key Type	Mechanical Hinge
	Command Keys	Express, 1 Touch Quick Speed, HRC Cruise Control®
	Data Readouts	Speed, Incline, Elapsed Time, Time Remaining, Distance, Pace, Heart Rate, Target Heart Rate, METs, Calories
	Diagnostics	YES
HEART RATE	Contact Heart Rate Monitoring	YES
	Wireless Heart Rate Monitoring	Wireless - Polar® Compatible
	HRC (Heart Rate Control)® Workouts	YES - 1
	HRC Cruise Control™	YES
PROGRAMMING	Workouts	7 Preset, 2 Saved Workouts
	Fitness Tests	N/A
OTHER FEATURES	Accessories	Water Bottle Holder, Key Tray
	Safety	Safety Clip Equipped, Extended Handrails, Large Straddle Covers
	Balance Bar Control Pad	N/A
	Personal Cooling System	N/A
PHYSICAL SPECIFICATIONS	Footprint	78"L x 31.5"W (198 cm x 80 cm)
	Running Surface	60"L x 22"W (153 cm x 55 cm)
	Machine Weight / Shipping Weight	297 lbs (135 kg) / 370 lbs (168 kg)
	Maximum User Weight	350 lbs (159 kg)
	Decline Option	N/A
	Incline Range	0 to 15%
	Speed Range	0.5-12 mph (0.8-19 kph)
	Step-Up Height	6.25" (16 cm)
	Portability	Front Transport Wheels
	Regulatory Approvals	UL, CSA, CE for 220V
WARRANTY	Warranty	Frame Life, Motor 2 Yrs, Parts 2 Yrs, Labor 1 Yr

\* Warranties outside the U.S. and Canada may vary - Please contact your local dealer for details. Specifications subject to change without notice.