Galaxy Watch5



Compatible with a smartphone with Android 8.0 or later, RAM 1.5GB or more. Features shown require the latest version of the Samsung Health app version 6.22 or later. The Samsung BIA is a body analyzer that uses bioelectrical impedance analysis (BIA) technology to track body composition based on weight, body mass index (BMI), skeletal muscle, body water, and basal metabolic rate (BMR) measurements. It is not intended to specifically diagnose or treat a medical condition.

Crush your everyday wellness goals with the premium smartwatch designed to fit your lifestyle.

Meet your new sleep coach

Manage your overall sleep quality with an advanced sleep tracker that detects and holistically analyzes your sleep stages while you rest.^{1,2} Plus, Advanced Sleep Coaching helps you develop better sleep habits by analyzing your sleep patterns and completed sleep surveys and providing a 5-week program with helpful sleep tips, missions and checklists.

Fitness is better together

Now your friends and family can work out with you — no matter where they are — with friendly competition and live challenges that push you to conquer your fitness goals together. Share messages to inspire or motivate your family and friends toward their goals and know you're doing your part to move them along toward a healthier lifestyle.³

A look for every workout

Show off your sense of style. Customize your outfit with a wide array of band⁴ and watch-face choices that can match any mood or look.

Get smarter about your body

Get stats that help you be at your best — Galaxy Watch5 provides body composition data right on your wrist. So No more waiting in line for a reading at the gym. On your own schedule, you can now get readings on body fat, skeletal muscle, body water, basal metabolic rate and Body Mass Index (BMI).

Track your outdoor activities

Make the most of every outdoor adventure with Auto Workout Tracking that recognizes some popular activities — from running to rowing to swimming — automatically in just minutes. ^{7,8} Keep your routine fresh and exciting by manually tracking more than 90 exercises, including complex activities like HIIT.

Your phone on your wrist

Have the freedom to do the things you need. Galaxy Watch5 pairs easily to your phone. Simply get within range, tap "Connect" and you're ready to go. Now you can take that call, text a friend, email a coworker, jam to your playlist — even when you step away from your Galaxy smartphone. Your adventure just got so much more convenient.

SAMSUNG







40 Galaxy Watch5
Available in LTE and Bluetooth

Colors	Case Sapphire Silver Graphite	Case Silver Graphite Pink Gold
	Band Sapphire White Graphite	Band Bora Purple Graphite Pink Gold
Dimensions	44.4mm x 43.3mm x 9.8mm	40.4mm x 39.3mm x 9.8mm
Weight	32.8g	29g
Display	1.36" (450px x 450px), 330ppi, Sapphire Crystal Glass (1.6x stronger than Watch4 Series)	1.19" (396px x 396px), 330ppi, Sapphire Crystal Glass (1.6x stronger than Watch4 Series)
Durability	5ATM / IP68 / MIL-STD-810H	5ATM / IP68 / MIL-STD-810H
Material	Aluminum	Aluminum
Health Features (Powered with BioActive Sensor)	Advanced Sleep Coaching BIA (Body Composition Analysis) ECG / Heart Rate Blood Oxygen Skin Temperature	Advanced Sleep Coaching BIA (Body Composition Analysis) ECG / Heart Rate Blood Oxygen Skin Temperature
Battery	410mAh	284mAh
Connectivity	BT 5.2 / Wi-Fi 2.4GHz & 5GHz / GPS / NFC / LTE ¹⁰	BT 5.2 / Wi-Fi 2.4GHz & 5GHz / GPS / NFC / LTE ¹⁰
OS	Wear OS powered by Samsung	Wear OS powered by Samsung
Memory	1.5GB RAM, 16GB internal storage	1.5GB RAM,16GB internal storage
Sensors	Acc (32g), Gyro, Barometer, Ambient Light, Compass, Optical Heart Rate Sensor (8pd), Electrical Heart Sensor (ECG), BIA, BP, Continuous SpO ₂ , Skin Temperature Sensor	Acc (32g), Gyro, Barometer, Ambient Light, Compass, Optical Heart Rate Sensor (8pd), Electrical Heart Sensor (ECG), BIA, BP, Continuous SpO ₂ , Skin Temperature Sensor
Band	Sports Band M / L Size: 20mm	Sports Band S / M Size: 20mm
Physical User Interface	2 button + digital bezel	2 button + digital bezel
Miscellaneous	Mic, motor, speaker	Mic, motor, speaker

Requires the latest version of the Samsung Health app (version 6.22 or later). For sleep pattern results, user must wear watch while they sleep for at least 7 nights and complete a survey. All participants must have the latest version of the Samsung Health app, downloadable via Galaxy Store and/or Google Play Store. Select interchangeable watch bands sold separately. The Samsung Blad Samsung Blad sody analyzer that uses bioelectrical impedance analysis (Bla) Lethonlogy to track body composition based on weight, body fat, body analyzer that uses bioelectrical impedance analysis (Bla) Lethonlogy to track body composition based on weight, body fat, body mass index (Blad), selected in wind to the samsung Health app (version 6.22 or later). Too noisient with 1968 rating, water-resistant in up to 5 feet of water for up to 30 minutes. Rinse residue / dry after wet. "Requires the latest version of the Samsung Health app (version 6.22 or later)." Compatible with smartphones running Android 8.0 or later and 1.5GB RAM or more. "4G LITE stand-alone connectivity only available on Samsung Galaxy Watch 51 LTF / Galaxy Watch 51 LTF (Salaxy Watch 51 LTF (Salaxy) Wa