



# Ticwatch B09FXRR32P Pro 3 Ultra Smart Watch User Guide

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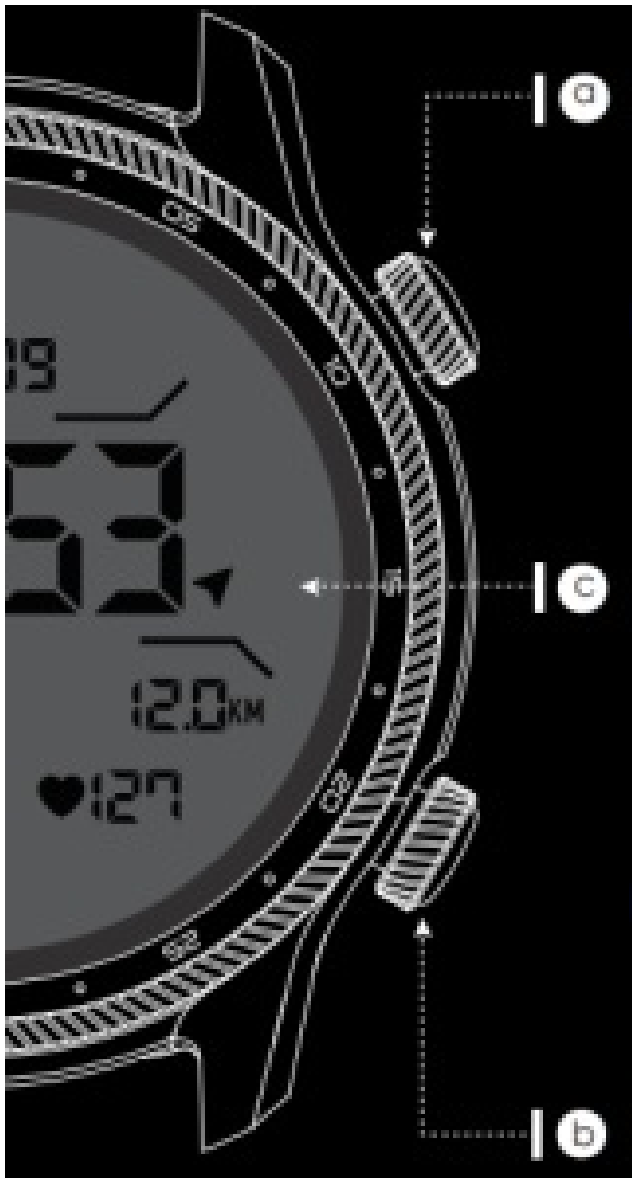
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## Product Appearance



### a. Power Button

- Press and hold for 3 seconds to turn on your watch.
- Press to open the application list or return to the Home screen.
- Press and hold for 2 seconds to wake up the voice assistant.
- Press and hold for 5 seconds to restart and access the boot menu.
- Press and hold for 10 seconds to force restart the watch.

### b. Multi-function Button

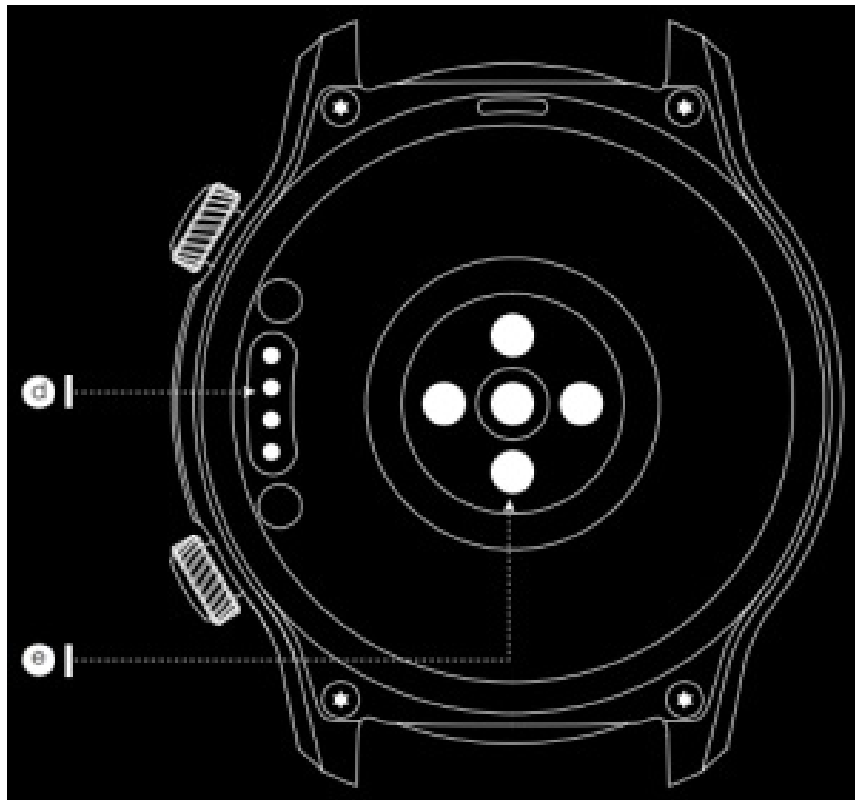
- Press to start TicExercise.
- Long press to get to quick settings.

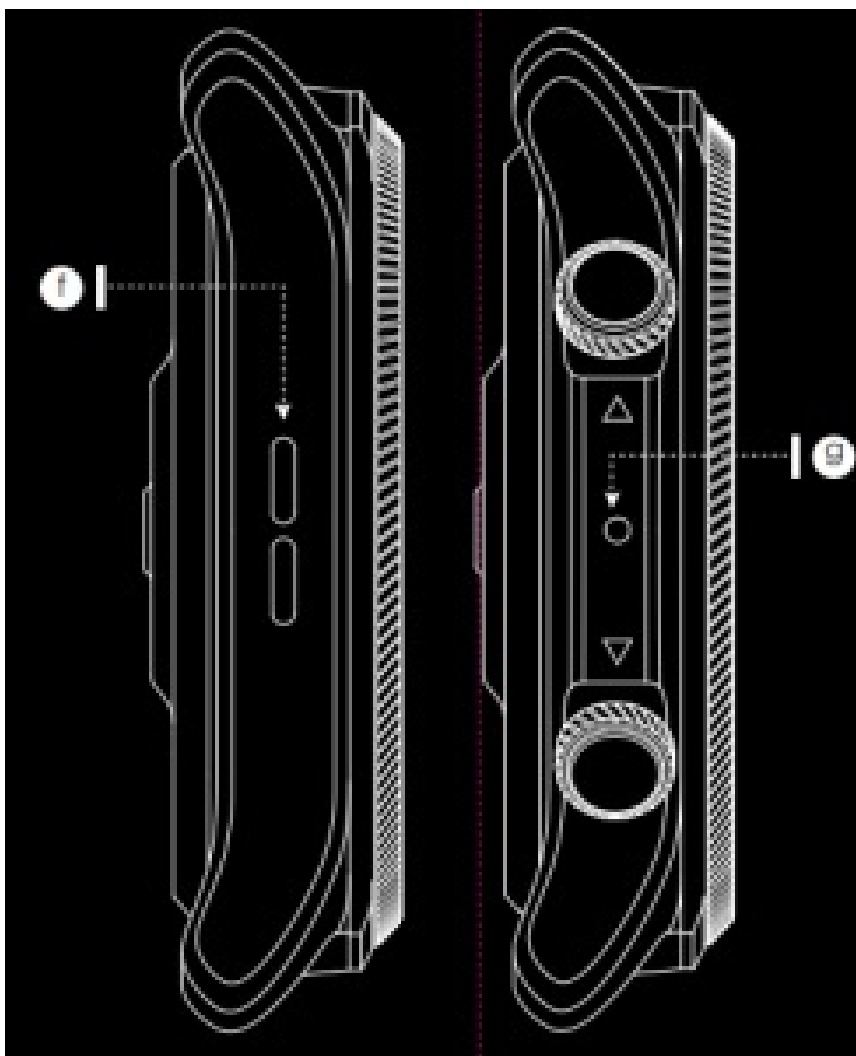
**c. Touch Display**

**d. Charging port**

**e. HD PPG sensor f. Speaker**

**g. Microphone**





## Connect your smartphone

1. Download the Wear OS by Google app by scanning the Wear OS QR code or from the Google Play Store/Apple App Store. Follow the instructions on your smartphone and TicWatch to complete setup.
2. Download the Mobvoi app by scanning the Mobvoi QR code or from the Google Play Store/Apple App Store.



## Wear OS app

**Note:** Please do not pair the watch using the default Bluetooth setting on your smartphone. Note: Pair with Mobvoi App to get more watch faces, manage health data, and more! Note: If you cannot pair TicWatch with your smartphone successfully, please reset your watch and delete the pairing record from your phone.

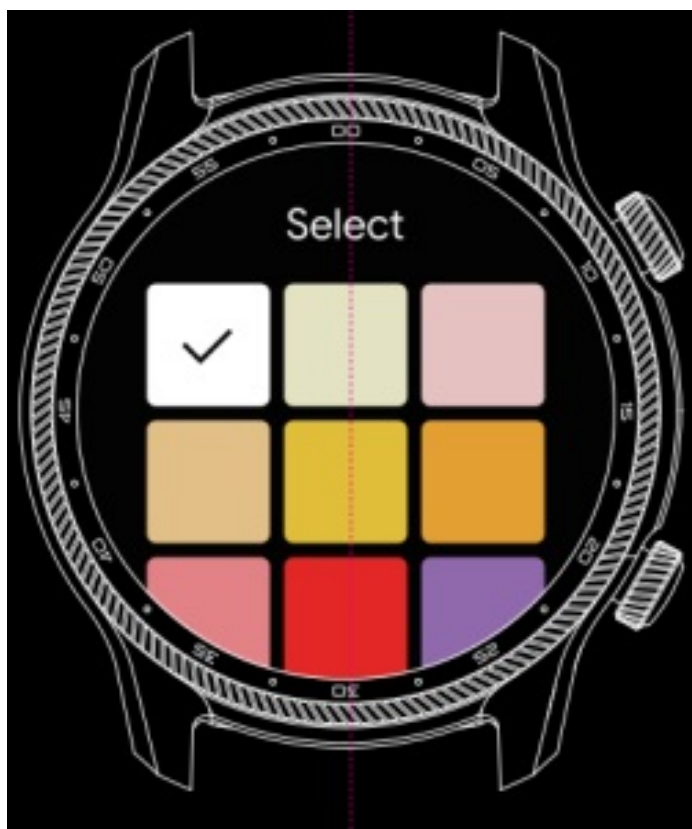
## Mobvoi app



**Note:** Please do not pair the watch using the default Bluetooth setting on your smartphone. Note: Pair with Mobvoi App to get more watch faces, manage health data, and more!

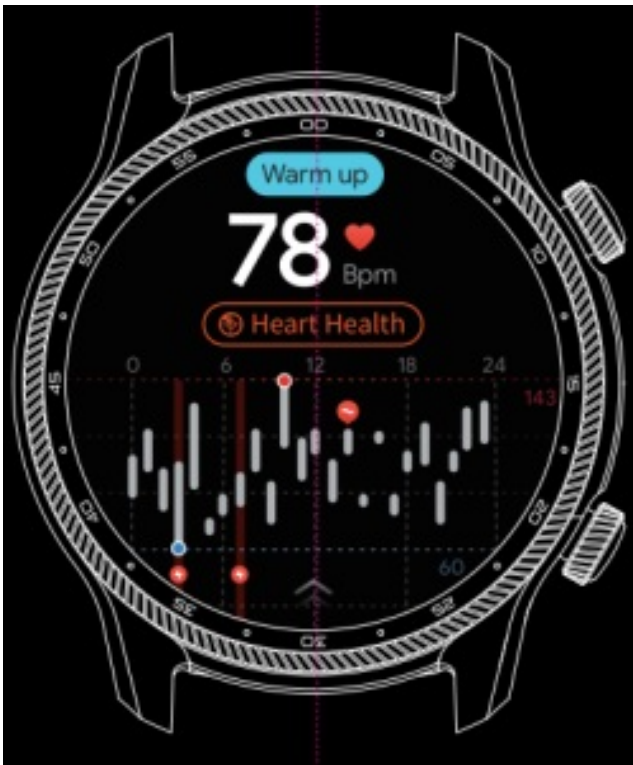
### Backlight color

Change the backlight color according to your preference with Tilt-to-wake disabled. To change color, go to Essential Mode > Settings > enable Tilt to light up backlight, and select the Backlight color you prefer.

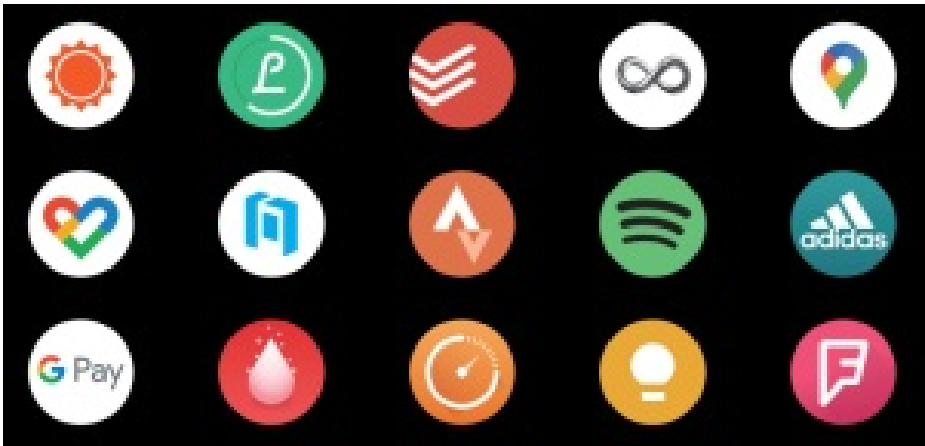


### Heart health

Heart health monitoring is disabled by default. To enable it, go to TicPulse > Heart Health. To enable 24h monitoring, go to TicPulse > Settings > Labs > 24h heart health monitoring.



**More Apps**



**More information and services**

For more information about products and services, please scan the following QR code:



Email: [support@mobvoi.com](mailto:support@mobvoi.com)

**Facebook:** @MobvoiTicWatch

**Twitter:** @Mobvoi\_Official

## Statement

Thank you for choosing TicWatch. Before using the product, please read the Quick Guide carefully. All information in this manual may be changed without notice. The company reserves the right to change the information at any time without notice. For the latest information, please visit our website:

[www.mobvoi.com](http://www.mobvoi.com)

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**M1000294P10A**

## Documents / Resources



[Ticwatch B09FXRR32P Pro 3 Ultra Smart Watch](#) [pdf] User Guide

B09FXRR32P, Pro 3 Ultra, Smart Watch, B09FXRR32P Pro 3 Ultra Smart Watch

## Related Manuals / Resources



### [Mobvoi Smart Watch TicWatch User Guide](#)

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